

Bronxville Girls' Indoor Track & Field Top Ten List

March 16, 2009

300 Yards

Lee Shearer	37.6	1/6/95	RCC
Elizabeth Bergold	39.1	12/27/03	RCC
Deirdre Fleming	39.5	2/10/85	RCC
Jocelyn Gray	39.6	1/5/96	RCC
Caroline Sibray	39.9	2/4/84	RCC
Halley Smith	39.9	1/19/04	RCC
Abby Alt	40.2	12/28/94	RCC
Wendy Jaglom	40.5	12/27/02	RCC
Vail Horn	40.6	1/4/08	RCC
Christina Zwernemann	40.8	12/28/92	RCC
Elizabeth McCabe	40.8	1/20/97	RCC

300 Meters

Lee Shearer	41.5	2/20/94	West Point
Deirdre Flemming	42.1	2/7/87	RCC
Maggie Goff	42.3	12/14/08	Armory
Jocelyn Gray	42.4	2/25/96	West Point
Maggie Goff	42.5	2/10/08	Armory
Vail Horn	42.7	2/10/08	Armory
Halley Smith	43.01	1/17/04	Armory
Elizabeth Bergold	43.1	2/8/03	West Point
Leigh Murphy	43.1	2/4/07	Armory
Gaby Grebski	43.2	2/6/88	RCC
Courtenay Seabring	43.2	2/10/90	RCC
Whitney Sparks	43.2	1/14/07	Armory

400 Meters

Lee Shearer	58.30	1/28/95	Armory
Halley Smith	59.4	3/26/04	Armory
Deirdre Fleming	59.68	1/17/85	Yale
Elizabeth Bergold	59.79	1/11/03	Armory
Courtenay Seabring	60.50	1/23/93	Yale
Olivia Bruton	60.7	3/21/05	Armory
Jocelyn Gray	61.0	2/14/95	Armory
Becky Gogel	61.2	2/14/95	Armory
Leigh Murphy	61.2	3/21/05	Armory
Maggie Goff	62.05	1/17/09	Yale
Kelly Zwernemann	62.1	1/21/84	Yale

600 Yards

Lee Shearer	1:25.5	1/16/95	RCC
Deirdre Fleming	1:27.4	2/3/87	RCC
Jocelyn Gray	1:28.5	1/12/97	Armory
Elizabeth Bergold	1:28.9	12/27/02	RCC
Abby Alt	1:30.1	12/28/94	RCC
Gaby Grebski	1:30.6	1/6/87	RCC
Whitney Sparks	1:30.6	1/5/07	RCC
Kelly Zwernemann	1:30.9	12/27/83	RCC
Michelle Cioffi	1:31.2	1/19/98	RCC
Caroline Mullen	1:31.56	1/14/01	Armory

600 Meters

Elizabeth Bergold	1:35.30	1/8/03	Armory
Deirdre Fleming	1:36.48	3/9/86	Carrier Dome
Gaby Grebski	1:37.17	3/12/88	Cornell
Lee Shearer	1:38.0	12/23/94	Armory
Kelly Zwernemann	1:38.4	3/10/84	Carrier Dome
Whitney Sparks	1:38.6	1/21/07	Armory
Becky Gogel	1:38.7	2/25/96	West Point
Catha Mullen	1:38.9	2/8/03	West Point
Olivia Bruton	1:40.1	2/10/08	Armory
Caroline Mullen	1:40.2	2/2/02	RCC
Kim Ford	1:40.4	3/7/82	Manhattan C.
Courtenay Seabring	1:40.4	2/7/93	RCC

800 Meters

Elizabeth Bergold	2:13.2	3/26/04	Armory
Amanda Hudson	2:17.3	3/21/05	Armory
Deirdre Fleming	2:17.75	1/10/87	Dartmouth
Jennifer Kearney	2:17.78	3/10/98	Carrier Dome
Becky Gogel	2:17.80	3/9/97	Reggie Lewis
Kim Ford	2:18.2	1/22/83	Yale
Emma Clarke	2:20.3	2/4/08	Armory
Helen Millson	2:20.7	2/4/04	Armory
Gaby Grebski	2:20.9	1/7/89	West Point
Whitney Sparks	2:20.9	3/21/05	Armory
Abby Alt	2:22.11	1/21/95	Yale

1000 Yards

Elizabeth Bergold	2:40.7	1/9/04	RCC
Deirdre Fleming	2:41.3	2/21/87	Bryne Arena
Tori Flannery	2:42.7	12/27/06	RCC
Caitlin Hudson	2:44.6	1/4/08	RCC
Catha Mullen	2:44.7	1/11/02	RCC
Becky Gogel	2:46.9	1/20/97	RCC
Olivia Bruton	2:48.7	1/5/07	RCC
Abby Alt	2:48.8	1/6/95	RCC
Caroline Mullen	2:48.9	1/17/00	RCC
Helen Millson	2:49.1	1/11/02	RCC
Maria Sachs	2:50.0	2/10/85	RCC

1000 Meters

Caroline Mullen	2:55.2	3/3/02	West Point
Elizabeth Bergold	2:55.92	3/6/04	Carrier Dome
Deirdre Fleming	2:57.28	2/21/87	Bryne Arena
Caitlin Hudson	2:58.0	2/08/09	Armory
Jennifer Kearney	2:58.1	2/24/91	West Point
Henrietta Miers	3:00.0	2/1/09	Armory
Gaby Grebski	3:01.3	3/3/89	West Point
Emma Clarke	3:02.2	1/21/07	Armory
Catha Mullen	3:02.6	12/13/02	RCC
Amelia Phillips	3:04.1	2/08/09	Armory

1500 Meters

Amanda Hudson	4:35.20	2/27/05	West Point
Michelle Rorke	4:41.7	3/3/02	West Point
Henrietta Miers	4:44.5	2/08/09	Armory
Tori Flannery	4:44.7	12/9/06	Armory
Catha Mullen	4:45.6	2/09/02	West Point
Becky Gogel	4:46.2	2/23/97	West Point
Virginia Connor	4:48.0	1/15/06	Armory
Colette Intervalo	4:49.8	2/28/85	West Point
Janna Ford	4:50.2	1/30/81	West Point
Kate Ogorzaly	4:50.5	3/3/03	West Point
Caitlin Hudson	4:52.10	2/25/07	West Point

1600 Meters/1 Mile

Michelle Rorke	4:58.74 (mile)	1/19/02	Armory
Catha Mullen	4:59.25 (mile)	1/18/03	Armory
Caroline Mullen	5:04.13 (mile)	1/19/02	Armory
Caitlin Hudson	5:05.54 (mile)	1/17/09	Yale
Tori Flannery	5:07.70 (mile)	1/17/09	Yale
Becky Gogel	5:11.64 (mile)	2/25/97	Armory
Amanda Hudson	5:14.1	1/14/05	RCC
Maria Sachs	5:15.9	2/10/85	RCC
Maggie Silver	5:17.7 (mile)	1/20/89	Yale
Amelia Phillips	5:19.71(mile)	3/15/09	Armory

3000 Meters

Michelle Rorke	10:00.6	2/9/02	West Point
Virginia Connor	10:10.54	2/26/06	West Point
Catha Mullen	10:16.04	1/5/02	Armory
Maria Sachs	10:17.5	2/26/84	Manhattan
Tori Flannery	10:25.18	2/25/07	West Point
Caroline Mullen	10:33.49	1/6/01	Armory
Colette Intervallo	10:41.0	2/8/86	RCC
Suzy Scardocchia	10:43.8	2/8/86	RCC
Maggie Silver	10:44.0	2/16/90	West Point
Amanda Hudson	10:44.3	1/31/04	RCC
Melissa Wisner	10:46.83	1/14/01	Armory

3200 Meters

Catha Mullen	10:49.08	12/20/02	Armory
Michelle Rorke	10:49.15	12/15/01	Armory
Caroline Mullen	10:53.35	12/20/02	Armory
Virginia Connor	11:04.57(2m.)	12/17/05	Armory
Maria Sachs	11:11.92	1/5/85	Dartmouth
Maggie Silver	11:26.1	12/20/87	Manhattan
Melissa Wisner	11:28.9	1/5/01	RCC
Amanda Hudson	11:29.1	12/27/04	RCC
Suzy Scardocchia	11:31.4(2m.)	3/2/86	Harvard
Colette intervallo	11:33.4	12/27/85	RCC

55 Meter High Hurdles

Dierdre Fleming	08.4	2/21/86	West Point
Wendy Jaglom	08.78	2/27/05	West Point
Rachel Kim	09.36	2/1/09	Armory

Rachel Kim	09.2	12/9/07	Armory
Phoebe Gray	10.6	12/9/06	Armory

55 Meter Dash

Halley Smith	07.3	3/3/02	West Point
Courtenay Seabring	07.4	1/30/93	RCC
Jocelyn Gray	07.5	2/18/96	West Point
Halley Smith	07.66	2/24/04	Armory
Vail Horn	07.6	1/14/08	Armory
Maggie Goff	07.7	1/14/08	Armory

200 Meter Dash

Halley Smith	27.39	1/27/02	West Point
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1500 Meter Walk

Margaret Duggan	7:47.63	1/5/02	Armory
Kaitlin McGirl	8:06.8	3/4/01	West Point
Tehmina Haider	8:18.7	2/16/01	West Point
Vanessa Wilczewski	8:25.1	3/3/02	West Point
Danielle Jelensperger	8:35.1	2/10/08	Armory
Allison Leahy	8:35.4	2/28/82	Manhattan
Cheyenne Smith	8:47.3	2/08/09	Armory
Julia Castagna	8:49.8	12/27/02	RCC
Alex Ranieri	8:51.1	2/16/01	West Point
Erin Baldwin	9:10.0	2/4/96	West Point

1600 Meter/1 Mile Walk

Margaret Duggan	8:30.26	3/10/02	Armory
Allison Leahy	9:14.8	1/19/83	County Center
Tehmina Haider	9:15.3(1600)	1/5/01	RCC
Alex Ranieri	9:47.7(1600)	1/5/01	RCC
Kaitlin McGirl	9:49.6(1600)	1/5/01	RCC
Vanessa Wilczewski	9:51.9(1600)	1/11/02	RCC
Danielle Jelensperger	10:11.7(1600)	1/4/08	RCC
Julia Castagna	10:33.9(1600)	1/9/04	RCC
Tess Bloom	10:51.7(1600)	1/4/08	RCC
Taylor Bianconne	11:03.1(1600)	1/5/07	RCC
Heather Castrillon	11:08.6(1600)	1/5/07	RCC

500 Meter Run

Lee Shearer 79.0 1/25/92 RCC

800 Meter Relay

J.Gray,Sanford,Alt,L.Shearer	1:49.1	1/11/95	Armory
O'Donnell,Fleming,Zwernemann,Sibray	1:50.4	1/22/83	Yale
Goff, Horn, Wall, O.Bruton	1:50.4	2/10/08	Armory
Jaglom,Rogers,M.Larkin,H.Smith	1:51.36	1/25/03	Armory
Kim, O.Bruton, Sparks, Murphy	1:51.5	2/4/07	Armory
Kim,Bruton,Sparks,Murphy	1:51.7	12/22/06	Armory
J.Gray,Mann,L.Bohnen,B.Gogel	1:51.8	2/19/95	West Point
J.Gray,Mann,Zwernemann,Shearer	1:51.9	2/20/94	West Point
Murrer,Bruton,Sparks,Murphy	1:52.38	1/7/06	Armory
Becket,J.Kearney,O'Callahan,Grebski	1:52.3	2/6/88	RCC

1600 Meter Relay

Jaglom,Smith,Boyle,Bergold	4:00.06	3/12/04	Armory
Gray,Gogel,Alt,Shearer	4:03.0	3/4/95	Cornell
O'Donnell,Fleming,Zwernemann,K.Ford	4:04.0	3/12/83	Cornell
Jaglom,Smith,Boyle,Bergold	4:04.67	1/17/04	Armory
Bruton, C. Hudson, Sparks, Murphy	4:04.80	1/10/07	Armory
Gray,Gogel,Alt,Shearer	4:04.8	2/26/95	West Point
Gray,Gogel,Alt,Shearer	4:05.53	1/21/95	Yale
Murrer,Bruton,Sparks,Murphy	4:05.68	1/11/06	Armory
Gray,Sanford,Alt,Shearer	4:05.8	1/4/95	RCC
Jaglom,Sparks,Hudson,Murphy	4:05.9	3/21/05	Armory
Seabring,Sanford,Alt,Shearer	4:06.3	3/6/93	Cornell

3200 Meter Relay

Bergold,Butler,Car.Mullen,Ca.Mullen	9:07.85	3/16/03	Armory
Bergold,Butler,Car.Mullen,Ca.Mullen	9:09.16	2/14/03	Armory
Car.Mullen,Rorke,Ogorzaly,Ca.Mullen	9:09.80	3/1/02	Armory
C. Hudson, O.Bruton, Clarke, Flannery	9:10.04	2/18/08	Armory
Miers, Flannery, Bruton, C.Hudson	9:12.49	3/15/09	Armory
Grebski,O'Callahan,Silver,Flemming	9:14.59	3/1/87	Harvard
Car.Mullen,Rorke,Millson,Ca.Mullen	9:15.48	3/10/02	Armory
C.Hudson, O.Bruton, Clarke, Flannery	9:18.51	3/16/08	Armory
Bruton, Sparks, C.Hudson, Flannery	9:19.16	3/11/07	Armory
C.Hudson, O.Bruton, Clarke, Flannery	9:19.18	2/8/08	Armory
Miers, Flannery, Bruton, C.Hudson	9:19.20	3/7/09	Cornell
Bergold,Butler,Car.Mullen,Ca.Mullen	9:19.43	3/8/03	Carrier D.

Miers, Flannery, Bruton, C.Hudson	9:19.46	1/24/09	Armory
Bergold,Butler,Car.Mullen,Ca.Mullen	9:20.1	3/2/03	West Point

Sprint Medley

Boyle,Smith,Jaglom,Bergold	4:09.53	2/21/04	Armory
Boyle,Smith,Jaglom,Bergold	4:11.80	1/14/04	Armory
Gray,Gogel,Shearer,Alt	4:16.15	3/11/95	Carrier D.
McCabe,L.Gogel,Gray,Mestl	4:18.55	3/8/97	ReggieLewis
Smith,Jaglom,Mitchell,Millson	4:22.92	3/14/03	Armory
Goff, Kim, Horn, Murrer	4:23.64	3/14/08	Armory
Gray,L.Bohnen,Hollingsworth,Mestl	4:26.01	3/9/96	ReggieLewis
Mitchell,Boyle,Rogers,Hudson	4:29.6	1/13/04	RCC

Distance Medley

Ca.Mullen,Bergold,Car.Mullen,Rorke	11:49.61	3/8/02	Armory
Car.Mullen,Butler,Bergold,Ca.Mullen	12:00.81	3/14/03	Armory
Car.Mullen,Bergold,Ogorzaly,Rorke	12:01.1	2/11/02	Armory
Flannery, Bruton, Miers, C.Hudson	12:05.97	2/24/09	Armory
Flannery, Bruton, Miers, C.Hudson	12:07.25	3/13/09	Armory
Car.Mullen,Butler,Bergold,Ca.Mullen	12:07.4	2/10/03	Armory
Rorke,Bergold,Car.Mullen,Ca.Mullen	12:08.67	1/27/02	WestPoint
C.Hudson, Goff, O.Bruton, Flannery	12:09.67	3/14/08	Armory
C.Hudson, Goff, O.Bruton, Flannery	12:10.0	2/4/08	Armory
Car.Mullen,Butler,Bergold,Ca.Mullen	12:12.0	2/25/03	Armory
Bergold,Boyle,Millson,Hudson	12:12.05	3/12/04	Armory
Clarke,Murphy,Sparks,Hudson	12:14.2	2/7/05	Armory

4x1500Meter Relay

Miers,Clarke,C.Hudson,Flannery	19:19.80	12/22/06	Armory
Clarke, Miers, Hudson, Flannery	19:24.0	12/21/07	Armory

4x1Mile Relay

Ogorzaly,Car.Mullen,Ca.Mullen,Rorke	20:29.30	3/9/02	Armory
Clarke, Miers, C.Hudson, Flannery	20:58.64	3/15/08	Armory
Millson,Car.Mullen,Butler,Ca.Mullen	21:05.27	3/15/03	Armory
Miers, Phillips, Flannery, C.Hudson	21:06.99	3/14/09	Armory
Flannery,Miers,Sparks,Connor	21:07.59	3/11/06	Armory

Miers, Clarke, C.Hudson, Flannery	21:19.89	3/10/07	Armory
Connor, Sparks, Flannery, Hudson	21:22.82	3/12/05	Armory

Pole Vault

Halley Smith	9'	1/15/01	RCC
Alexandra Casey	8'	12/27/05	RCC
Leigh Dannhauser	8'	12/14/08	Armory
Molly Larkin	7'6"	2/2/01	RCC
Joanna Freeman	7'6"	12/10/05	Armory
Jessica Palfrey	7'6"	12/09/06	Armory
Rose Laurentzatos	7'	3/26/04	Armory
Cara Duke	7'	3/26/04	Armory
Leigh Dannhauser	7'	1/14/08	Armory
Margaret Fuller	6'6"	2/1/99	RCC
Emma Matthy	6'6"	1/25/02	RCC
Anne Shoemaker	6'6"	1/25/02	RCC
Camilla Seirup	6'6"	12/10/05	Armory

High Jump

Catherine Larkin	5'5"	2/11/01	WestPoint
Nadine Kuveke	5'2"	3/6/83	ManhattanC.
Leigh Dannhauser	5'	12/9/07	Armory
Kiernan Warble	4'10"	1/26/91	RCC
Whitney Curtis	4'8"	12/18/83	ManhattanC.
Dana Winingder	4'6"	1/7/83	ManhattanC.
Jocelyn Gray	4'6"	2/4/96	West Point
Kate Welling	4'6"	12/20/99	RCC
Justine Ryan	4'6"	1/11/02	RCC
Molly Larkin	4'6"	1/11/02	RCC
Emma Matthy	4'6"	12/19/03	RCC

Triple Jump

Julia Thaler	34'4"	2/26/02	Armory
Wendy Jaglom	34'3.5"	1/19/04	RCC
Kate Ogorzaly	31'11.25"	2/2/01	RCC
Netty Romero	31'11"	2/10/85	RCC
Maddy Baudoin	31'11"	2/7/94	RCC
Molly Larkin	31'7"	12/27/02	RCC
Lucia Olarte	31'5.5"	2/14/97	WestPoint
Deniz Cebenoyan	31'1.5"	1/14/01	Armory
Cynthia Kim	30'4.75"	2/1/99	RCC

Cathy Becket	30'3"	2/3/87	RCC
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Long Jump

Julia Thaler	16'4.75"	12/21/01	RCC
Wendy Jaglom	15'7.5"	1/11/02	RCC
Cynthia Kim	15'2.75"	2/1/99	RCC
Netty Romero	15' .5"	2/27/83	ManhattanC.
Maddy Baudoin	14'10.5"	2/7/94	RCC
Lucia Olarte	14'10"	12/17/97	RCC
Joanna Freeman	14'7.75"	1/15/06	Armory
Erica Sakai	14'7.5"	2/12/00	WestPoint
Deniz Cebenoyan	14'6"	1/28/01	WestPoint
Molly Larkin	14'3"	12/15/01	Armory
Jessica Palfrey	14'3"	1/5/07	RCC

Shot Put

Tricia Lyons	40'8.25"	3/2/91	Cornell
Elizabeth Smith	37'3"	2/11/96	West Point
Halley Smith	35'4.25"	3/26/04	Armory
Joanna Freeman	26'4"	12/10/05	Armory
Emma Clarke	23'7"	2/10/08	Armory
Jessica Murrer	23'3.5"	1/14/08	Armory

Weight Throw

Joanna Freeman	25'11"	2/27/05	WestPoint
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Indoor Section 1 Records

Lee Shearer	600 Yards	1:25.5	1/16/95	RCC
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4x1Mile Relay	20:29.30	3/09/02	Armory	
Kate Ogorzaly, Caroline Mullen, Catha Mullen, Michelle Rorke				

4x1500 Meter Relay	19:19.80	12/22/06	Armory	
Henrietta Miers, Emma Clarke, Caitlin Hudson, Tori Flannery				

As of 3/15/09